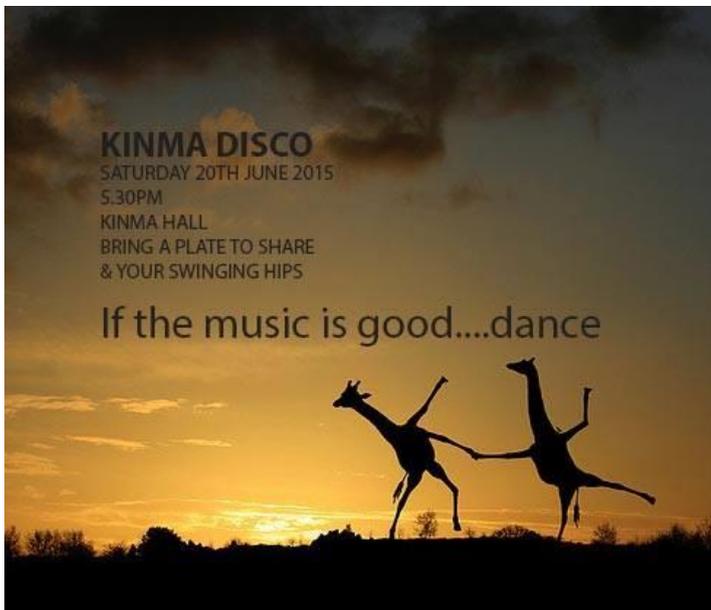


# Kinma

Kinma Newsletter T2 Week 8, Friday 12th June, 2015



WHAT'S ON	
12.06.15	2-5pm - Clothing Sale
20.06.13	5:30pm: Disco Night
22.06.15	Violin Concert 2.15pm in hall all welcome
26.06.15	Last day Term 2
22.07.15	First day Term 3
15.08.15	Kinma Care Day (1.30-4.30pm)
18.09.15	Last day Term 3
07.10.15	First day Term 4
24.10.15	Trivia Fundraising Night
16.12.15	Last day Term 4



# Kinma Board

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# Education Co-ordinator

Over the last 3 weeks I have shared some of the tools, resources and pathways used by staff to learn with your children. This week will focus on the Kinma Learning-Teaching cycle.

The idea is quite simple; it is a decision making tool. Start with yourselves. You decide to do something, anything from hanging out the washing to taking a family trip, from working out how to manage conflict in the family to deciding whether to start a new job. The level of reflection is what will vary depending on the seriousness of the decision. Lets take a trip... You plan a trip by considering the needs and/or wants of the family members. You take (act) the trip. You consider (reflect) the success of the trip; possibly by yourself and then with other family members before evaluating the next trip's plan. Part of your reflection involves considering what worked, what didn't, what surprised, what disappointed etc.

All these learnings feed into what you plan next. Possibly much of this (hanging out washing) happens unconsciously; it is highly likely that the more serious the decision, the more robust and the more conscious the reflection process becomes.

So at Kinma, we use this process with planning your children's experiences. A plan is made for an experience, following much observation of your children, a growing knowledge of them and hearty questioning (as explained in last week's newsletter). Add to this the teacher's life experience and their specific learning-teaching experience with children aged 3-13 years.

The experience unfolds (act), full of the rich learnings and contributions from the children in the group at that time (and hence you see why no two lessons at Kinma are never the same). Depending on the type of experience, either the children together with the teacher/s or the teacher alone, will reflect on it. Asking the same and additional questions to those asked about the trip above. The responses to the questions guide the teacher to evaluate the experience and judge whether more of the same needs to be shared or what/ how/ where/ when and with whom may be suggested for the forthcoming experience.

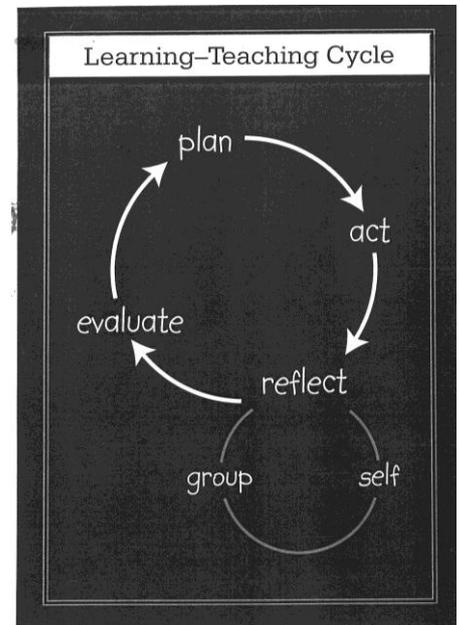
It all seems completely logical doesn't it? What distinguishes it from usual schooling, is the reflection. Rather than simply offering an experience, evaluating it (marking it out of 20, recording the mark in a book) and offering a new one (irrespective of the evaluation of the last), reflection allows thought to be given to what connection was/ was not made to the learning of the individuals concerned. It seems to us here at Kinma to add responsibility into the learning dimension. Without reflection, stuff just happens and could be repeated 1000 times without any consideration as to how and why. Repeating the same, with no concern for why it may not be working. Routine for its own sake.

Reflection being the key, there are two distinct stages of it; personal (alone) and group reflection. Each situation lends itself to different styles of reflection in both areas and varying combinations of quantities of both. Much of the work of a teacher here is involved in the process of reflection and much of that work can change greatly how one teaches. Our group reflections as a staff are the heart of our art of teaching. The shared input is vital to our ability to learn with your children.

You should find the cycle in most learning spaces in the school and should you wish to find out more about it, don't hesitate to chat with a staff member.

Juli G

## The Kinma Teaching- learning cycle



# Preschool

## WELCOME

.....to Grace and her family. Grace spent her first day painting and busily exploring the Preschool.



## TRANSITION

Transition has started for the children who leave Preschool end of Term 2 for Kinma Group 1. There will be 6 visits which are designed to familiarise the children with everyday aspects of Group 1 including group times, choice of activities, morning tea and lunch as well as knowing where the toilets are and "how far you can go" - the physical boundaries outside the classroom. Getting to meet the Group 1 children and teachers - Grace and Andy is an important part of the process. For the first few sessions, Preschool staff accompanied the children. On Thursday of last week, the group collected their hats, shoes and lunchboxes and headed off happily with Andy.



Doing individual journals



Making "flies eyes"

Taking masks back to Preschool





Sean (Jonah's dad) played his guitar to accompany a singing session. The children chose some favourites including Old MacDonald, and Twinkle Twinkle.



Marie, (Luki's grandma) came and played keyboard accompanied by Luki on tambourine. She played some Czech songs and music from the book, "Me, the song" The keyboard was left in position and throughout the day, children came up singly, in pairs and in groups to play a tune and sing.





Qiana, Zoe, Bob, Jonah, Dylan, Kalila, Tiano, Max, Christine, Sylvie, Amelie and Sigrid explore the keyboard.



Tiah, Qiana, Grace, Zoe, Sigrid, Amoree, Tiano and Rosie enjoyed exploring music together. They sat in a circle playing instruments and musical games and singing songs like Old Macdonald and Sleeping Bunnies. Music games included hiding an instrument under a cloth and identifying the sound, playing musical hide and seek and clapping rhythms.



## SPIDERS

On two occasions, we have found redback spider families - once in the Preschool grounds and once outside the grounds near the carpark. The following actions have been taken to lower risk:

- The Preschool has been comprehensively chemically sprayed
- Staff are being vigilant, checking common areas
- Storage around the outside walls of the Preschool buildings has been minimised and is being moved regularly
- The shoe rack has been moved inside
- Shoes and boots are being sprayed with lavender and citronella as a deterrent
- Lost property will be transferred to a closed lidded container
- We are having conversations with the children about what to do if they see a spider (go and tell an adult immediately) and not to touch living things unless with an adult. Reinforcing this at home would be helpful.

## PARENT INFORMATION AFTERNOON

Our recent meeting was held on Thursday 4th June. Preschool teachers talked about our approach to conflict and behaviour management and an interesting and lively discussion on the subject (and a few others!) ensued. A summary follows. If you would like to discuss this further, arrange a time with one of the Preschool teachers.

### KINMA BEHAVIOUR MANAGEMENT POLICY

We looked briefly at this policy, which provides a context for our practice. The policy can be found on the Kinma website.

### WHAT WE DON'T DO

- Take punitive action
- Be controlling
- Shame
- Ignore children who are seeking attention
- Label children – good, bad, shy, violent etc.

### PRESCHOOL ENVIRONMENT/CURRICULUM

These are planned and organised to minimise the occurrence of conflict.

- Physical environment – lots of space available throughout the day
- We are well resourced
- Children agency – ability to make decisions
- Power balance – children/adults both as leaders and followers
- Temporal environment – children can identify their own rhythms to the day
- Relationships are based on respect

### COMMON AREAS OF CONFLICT

Sharing, turn taking, waiting, exclusion from social groups, making friendships, relationship dynamics, power plays, personal space, physical/verbal abuse

## WHAT WE DO PROACTIVELY

1. Support children to develop the ability to negotiate. Encourage the other skills that are required including:
  - Listen to others
  - Responding
  - Communication
  - Compromise
2. Empower children with strategies – “Stop, I don’t like it” Move away from a situation where you don’t feel safe. Get an adult to help.
3. Have meetings or involve other peers in discussion
4. Use story, puppets, role play or incidental/informal conversation. Recognise and name emotions. What do you do/can you do when you feel angry?
5. Provide role models ourselves
6. Self regulation
  - What is it? - the ability to regulate your own behaviour, emotions and thoughts in ways that are beneficial to you functioning in life
  - Practice inhibition – stop behaviour
  - Some children have a genetic predilection to higher reactivity to situations – they need stronger self regulation skills to manage this
  - Self regulation needs to be practiced – it is an important life skill
  - Self regulation trumps IQ as an indicator of academic achievement

## WHAT DO WE DO WHEN CONFLICT OCCURS?

- Separate if necessary
- Listen
- Support children to understand and resolve through discussion
- A child may need time before they can engage in these processes

## ASK QUESTIONS

- “What is this about?” – focus on the issue, not the child or the emotions This can happen soon after the episode. Working towards self regulation is a longer term aim
- “What can we do in this situation?”
- “What do you think we could do now?”
- What could we do next time?

## FOCUS

If a child has been hurt, focus on them.

“It makes me feel sad when.....”

“What can we do to make you feel better?”

## SAYING SORRY AND APOLOGISING?

Apologising is not enforced at Kinma

The following has more meaning:

“I’m going to try not to do that again”

“Next time I’m going to.....”

## IF BEHAVIOUR/CONFLICT CONTINUES

- Talk with parents – work together in partnership/team approach
- Share and gather information – ABC chart
- Promote positive behaviours, interactions and develop skills/support befriending
- Aim to minimise episodes
- Keep communication channels open.
- Natural consequences – cannot play in the sandpit. If shows on ABC chart, may close an area for a time – modify the environment

## DEBRIEFING

- We endeavour to inform parents about incidents
- We do not use names – confidentiality
- Let child initiate conversation or use open ended questions. Try a calm, objective “How was Preschool today?”
- Try not to stoke the fire with your own emotions

## SUPPORT AT HOME

- Listen
- Talk calmly, explain, help child to understand
- This is a continuum of learning and development – same as any other. Explain e.g. “Sam is still learning how to behave when she feels angry”
- Remind children of their power and strategies – stop, walk away, get an adult to help, move away if you feel uncomfortable
- Do not name call – silly, yucky, naughty. Talk about the issue or behavior.

**DATES**

**Wednesday 17th June** – Preschool Snack Attack – can you help with preparation?

**Tuesday 23rd June** – Tinkering Pod at Preschool – **can you help?**

**Thursday June 25th** – Goodbye to our leavers – 2.30pm

From Christine, Kay, Pat, Rosie, Felicity and Nina

# Group 2

Hi all!

We have a few dates for the diary to round out the term!

## PJ day – Friday 12th of June

Ali and Ivy have requested to hold a Pyjama Day before the end of term. The class agreed through our class meeting and Ali and Ivy have organised the event by liaising with the teachers and Julie Carr. Ali and Ivy provided the group with an update in our next class meeting and as a group the children decided:

- we can bring a teddy
- wear your PJs and bring something extra for warmth (e.g. jumper or dressing gown)
- slippers are ok for inside the classroom, however, you will still need sneakers for basketball!

## “Just like you!” – Tues 16th of June & Fri 19th of June

Over the next two weeks we will be having some visitors from the Cerebral Palsy Alliance running some activities in Groups 2 and 3.

Our guest presenter will be working with us over 4 sessions. In Group 2 we will be learning, sharing and thinking about:

- difference as a positive thing which should be valued and celebrated
- what a disability is and how to be inclusive and treat everyone with respect and understanding
- the different forms of disabilities such as physical, invisible and sensory and learn to empathise with the challenges some people with these disabilities may face
- using words that are positive and inclusive towards people with a disability

We are looking forward to exploring these ideas with our guests as they are key to our core philosophy of valuing and respecting ourselves and others.

## Violin concert – Mon 22<sup>nd</sup> of June

Back by popular demand! Some of the KinMa Violinists will be performing a one off show in the last week of term!

The concert will commence at 2.15pm. Friends and family welcome 😊

## Scientrific

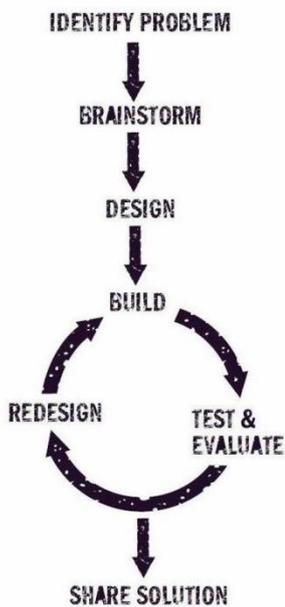
Our Scientrific investigations wrapped up last week. We had three different topics under investigation over 4 weeks. Children were grouped based on common interests: the weather, volcanoes and inventions. We used the children’s questions and preconceptions to guide our investigating.

For example, children in the weather group were interested in discovering how clouds are made, why they are white and how they stay in the sky and then come down as rain. The experience has inspired Caitlin to carry on with this topic in our Wonderful Words work, where she is creating a magazine about the weather.

In the volcanoes group, children investigated where volcanoes are found around the world, what causes them to erupt and of course, there was a chance to model the inevitable explosion!

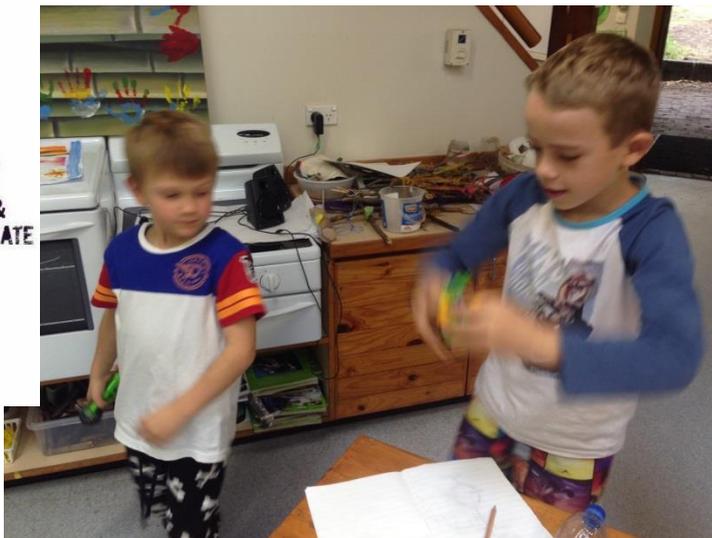


## THE DESIGN PROCESS



Children in the inventions group used a design process to help guide them in creating their own inventions and to find a solution to the following challenge: invent a machine that can kick a ball across the room into a cup one metre away. There was lots of discussion, excitement and reflection in the 'test and evaluate' and 'redesign' phases of the process!

The children came up with many creative solutions using inclined planes and by transferring energy through rubber bands.



## Magazine projects

Some children in Group 2 are making magazines! Here is an update on our progress from Ellie and Tiahna.

**Ellie:** It is really fun. I am researching dolphins. I am using books to help me. I want to find out more about what dolphins eat, how they jump, I think they use their fin and flick it up but I don't know. It has been tricky because I keep on forgetting what my sub-headings mean, but I really love it and I am getting the hang of it.

**Tiahna:** I am researching tigers. It is sort of tricky because the book doesn't always say what I want and when I looked in the computer it only told me a bit more about hunting and how they eat their food. I might try to ask an expert. Are you an expert????

**Cheerio! Keep warm!** Michelle, Bea, Kate and the gang!



### Snack Attack:

Main Course	\$3.00
Dessert	\$1.50
Drink	50¢ (usually juice)

Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 68 children in the Primary and 19 in Preschool on Wednesdays.

We have 17 gluten-free, 10 dairy-free children, and 3 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert and drinks ...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 1 Snack Attack.

### SNACK ATTACK TERM 2, 2015

## Calling for helpers!

May 6	Amanda, Lisa and Claire
May 13	Gemma, Nic, Rachelle
May 20	No Snack Attack – Wheels Day
May 27	Helena, Anne and Guy
June 3	Beck, Trudy and Gloria
June 10	Rachel & Mel
June 17	Preschool ( <b>help needed, plus help needed to serve in Primary</b> )
June 24	Katerina, Renee and Kathleen

*Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.*

*All expenses for ingredients are reimbursable.*

If you have any questions or want to contribute please email me at hayleyjl@tpg.com.au or call 0435 145 486.

Thanks,  
Hayley Lewis (Turiee's mum)

# Tinkering Day – 23 June

BOOMERANG BAGS will be running a workshop at Kinma - 23rd June. We welcome any parents who are curious or want to be part of this initiative.

BB was set up by SURFRIDER, to eliminate the use of plastics bags in shopping centres by sewing bags from recycled fabric and having these available at various stations in the street for borrow and bring back usage. It is community action. It is happening in Avalon right now. We are a core of people concerned about the state of the environment, and specifically about the state of the oceans and the accumulation of plastics which is contaminating and killing sea birds and creatures We are aiming to sew 4,000 bags to enable a good launch.

We are coming to Kinma on the next Tinkering Day to help any students (and parents) to reaffirm their love of the ocean and create their own distinctive cloth bags for inclusion in the Avalon Boomerang Bags' initiative.

It is important to us that we are empowered, by our action from the heart.

Anyone wanting to be part of this environmental ground swell, is most gratefully welcomed. There is a working bee at Avalon Community Centre every Tuesday 11am - 5pm and we have take-home packages of 1 - 4 bags precut for sewing/assemblage if this is an issue that you feel you want to support.

Phone Annabelle Kristevic - 9918 0070 / 0416 620 298.

Looking forward to our Tinkering workshop.

Annabelle Kristevic and Laural Wood.



# Clothing & Toy Bazaar



**Women's fashion**

**Toys**

**Baby Gear**

**Children's clothes**

**Accessories**

**Designer labels**

*PLUS*

**Afternoon tea**

**Cake stall**

**Lucky dip**

**Raffle**

**And more!**

**Friday 12 June  
2-5pm**

**Monday 15 June  
8.30-11.30am**

**Kihma**

Inspiring a passion for learning, for life  
PRIMARY • PRESCHOOL • PLAYGROUP

**127 Coolowie Rd  
Terrey Hills NSW 2084**

# Extras

We are collecting donations for this in the office. Items can also be dropped off at Mona Vale Library. Izzi in Group 3 has an easy-to-make beanie crochet pattern for anyone who would like to crochet a beanie.

**Kindness is catching**

## WINTER CARE KITS

### Kindness Packs for Homeless People

Kindness is Catching is organising an initiative to help make this winter a little more comfortable for some homeless people. We are seeking your donation for items to give to Sydney City's people who are sleeping rough.

When you are next at the supermarket, please consider buying the following items for a Winter Care Kit and pop them in a zip lock bag.

- Facewasher
- Refillable water bottle
- Comb
- Travel sized shampoo & conditioner
- Pair of socks
- Small box of band aids
- Travel sized hand disinfectant
- A small packet of tissues

Kindness is Catching is also seeking donations of beanies and scarves. If you are a knitter or know anyone who loves to knit, please spread the word. Sydney's winters get cold and these new Winter Warmies will be appreciated!

Many thanks for your thoughtfulness and kindness towards those people who are less fortunate than ourselves. Please let your friends and family know about this Homeless project. After all, the more Care Kits we can get the better it will be and you will soon see that *Kindness really is Catching!*

Linda ❤️

For more info email [kindnessiscatching@gmail.com](mailto:kindnessiscatching@gmail.com)  
[www.facebook.com/icaughtkindness](https://www.facebook.com/icaughtkindness)

proud member of  
**World Kindness Australia**  
 Because it's cool to be kind

#### LOCATIONS

Locations to drop off your Winter Care Kits during weekday business hours

- **Cosmic Smile Dental.**  
Suite 212/40 Yeo St, Neutral Bay
- **Eastern Cross Trading.**  
11 Birmingham St, Alexandria
- **Forestville Library.**  
6 Darley Street, Forestville
- **Kirribilli Neighbourhood Centre.** 16 - 18 Fitzroy Street, Kirribilli
- **Newtown Neighbourhood Centre.** 1 Bedford St, Newtown
- **Manly Community Centre.**  
12 Wentworth St., Manly
- **Seaforth Medical Centre.**  
6/470 Sydney Rd, Balgowlah

NORTHERN  
BEACHES  
SYMPHONIC  
WIND ENSEMBLE



## 2015 NORTHERN BEACHES INSTRUMENTAL FESTIVAL

Co-hosted by the Northern Beaches  
Symphonic Wind Ensemble,  
the Northern Beaches Orchestra  
and the Northern Beaches Concert Band  
Supported by Mona Vale Music

**DAY 2 SATURDAY 13th JUNE**  
Pittwater High School Auditorium  
Mona St, Mona Vale

### Session 1 11:00am-12:30pm

Mona Vale Public School Combined Junior Strings conducted by Holly Doyle  
Bilgola Plateau String Ensemble conducted by Holly Doyle  
Elanora Heights String Ensemble & Training Strings conducted by Melody van der Wallen  
Pittwater High School Senior Strings conducted by Karen Leimbach

### Session 2 12:30-2:00pm

Balgowlah North Public School Senior String Ensemble conducted by Natasha Roumanoff  
St Ives North Public School Intermediate Strings conducted by Katrina Papallo  
Terrey Hills String Orchestra conducted by Mrs Lisa Buchanan  
Pittwater High School String Orchestra conducted by Karen Leimbach

### Session 3 2:00-3:30pm

Newport Public Primary Newport String Orchestra conducted by Karen Leimbach  
Middle Harbour Public School Junior Strings Ensemble conducted by Rosy Davidson  
Kamaroi Rudolf Steiner School Kamaroi String Orchestra conducted by Karen Leimbach  
St Ives High School Chamber Ensemble conducted by Genevieve Andresson and Kimberley Lovell

### Session 4 3:30-5:00pm

Forestville Public School Beginner Strings conducted by Kathryn Crossing  
Balgowlah North Public School Training String Ensemble conducted by Natasha Roumanoff  
Cromer Public School Training Strings conducted by Kathryn Crossing  
Middle Harbour Public School Senior Strings conducted by Kathryn Crossing  
Killarney Heights High School String Ensemble conducted by Dennielle Woskanian

### Session 5 5:00-6:30pm

Cromer Public School Senior Ensemble conducted by Kathryn Crossing  
Forestville Public School Senior Strings conducted by Karen Loomes  
Cromer Public School Intermediate Strings conducted by Kathryn Crossing  
Northern Beaches Youth Orchestra conducted by Natasha Roumanoff

### Session 6 Gala Concert 7:00pm

Forestville Public School Junior Strings Ensemble conducted by Kathryn Crossing  
Mona Vale Public School Senior Strings conducted by Yenny Huang  
Pittwater High Orchestra conducted by Martin Hardy  
Northern Beaches Orchestra conducted by Martin Hardy

Doors open 15 minutes before each session  
Admission price includes access to all sessions  
Performers have free admission to all sessions  
Performers are encouraged to attend the final session

\$5 Adult  
\$3 Concession  
\$10 Family

**BUSHCARE and BUTTERFLY BIRTHPLACES WORKSHOP – Mona Vale Golf course**  
 For immediate release.  
 Only 20 places so book today.

Contact: Mia Dalby-Ball 0488 481 929 or 9918 4486 email [ecologicalca@outlook.com](mailto:ecologicalca@outlook.com)

**Free workshop and training sessions – your Coastal Bushland and native animals**

Join us June 15th to hear about bringing back Blue Wren habitat, creating Lizard Lounges and what plants are great for coastal landscaping.

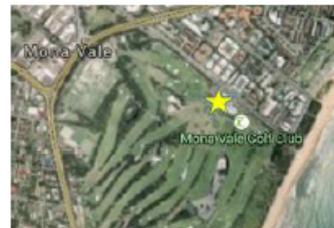
Plus how to get on-going hands-on experience in this through Bushcare. See how caring for local natural areas can be fun and rewarding, whether on the golf-course, by the beach or at home.

**Who's invited:** Anyone interested in knowing more about the coastal bushland and native fauna, Butterfly Birthplaces and Lizard Lounges or interested in Bushcare or managing native plants and animal habitat on golf-courses.

**Where:** Mona Vale Golf course right by the beach. Meet at the club house on Golf Avenue.

**Timing:** 9:45 am to 1:00 pm starting with a presentation and morning tea in the function room.

**What will be covered:**  
 From Butterfly Birthplaces to converting weedy edges – all you need to know to get started.



Beginning with an indoor presentation and morning tea the workshop will continue into the field with hands-on demonstrations of weed identification and management, managing the edges between natural areas and lawns, wetland management and considerations, choosing species for landscaping, creating butterfly birthplaces, blue wren habitat and more. Plus have your environmental questions answered.

Facilitated by Mia Dalby-Ball, co-author of the popular book, *Burnum Burnum's Wildthings* and previous manager of Environment at Pittwater Council. With over 20 years' experience in the field Mia has a tremendous knowledge level in this topic and is great at making it interesting. Green keepers from Mona Vale Golf course will also share their knowledge about on-site management of natural areas on the course.



**What to bring:** clothes suitable for outdoor wear and sun protection.

**Cost:** Free as this training is sponsored by Sydney Local Land Services with refreshments and training room provided by Mona Vale Golf Club.

Only 20 places so book today.

Mia Dalby-Ball 0488 481 929 or office: 02 9918 4486 email [ecologicalca@outlook.com](mailto:ecologicalca@outlook.com)



# Parenting Programs

## Child & Adolescent Parenting

### WHAT'S ON IN TERM 3 - COURSES/WORKSHOPS FOR PARENTS/CARERS

#### **Tuning in to Kids Course** (3-10yrs)

Help your child develop emotional intelligence, manage emotions & deal with conflict.  
Chatswood 5wks/2.5hrs (27/7 - 24/8, 7.00-9.30pm)

#### **Triple P (Positive Parenting Program) Seminars** (3-8yrs)

Series of 3 seminars on Positive Parenting & Raising Confident, Competent & Resilient Children  
Chatswood (5/8, 12/8 & 19/8, 7.00 - 9.00pm)

#### **Communicating with Kids Workshop** (based on PET) (4-12 yrs)

Communication skills for building effective long term relationships with your children & family.  
Chatswood (31/8, 7.00-9.30pm)

#### **Tuning in to Teens Course**

Emotional intelligence & communication skills to understand your adolescents' needs & behaviour.  
Chatswood 5 wks (30/7 - 27/8, 7.00-9.30pm)

#### **Toddlers Workshops** (1-3yrs)

Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep  
Chatswood 28/7, 4/8 & 11/8 (3 wks/2.5hrs each, 7.00-9.30pm)

#### **NEW Helping Your 3-6 Year Old Child with Anxiety**

Series of 2 workshops for parents to assist with young children showing signs of anxiety  
Chatswood 26/8 & 9/9 (2.5hrs each, 7.00-9.30pm)

#### **Resilient Kids Workshop**

Strategies to accept & express feelings, develop optimistic thinking & coping skills  
Chatswood (18/8, 7.00-9.30pm)

#### **Dealing with Teen's Backchat Workshop**

Learn how to restore a respectful & positive relationship between you & your teenager  
Chatswood (23/7, 7.00-9.30pm)

#### **WORKSHOPS ON REQUEST - PHONE 9887 5830 (2-2.5 hours)**

- |  |  |
|--|--|
| ★ Understanding Your Toddler/Discipline & Tantrums | ★ Transition to School                     |
| ★ Tucker without Tantrums/Toilet Training          | ★ Transition to High School                |
| ★ Speech & Language Development/Sleep              | ★ Triple P Seminar Series 1-12 yrs & Teens |
| ★ Older Sibling - New Baby                         | ★ Communicating with Kids                  |
| ★ Bully Busting                                    | ★ Dealing with Teen's Back Chat            |
| ★ Resilient Kids                                   | ★ Grand Parenting                          |

**Enquiries: Child & Adolescent Parenting 9887 5830**

[www.nslhd.health.nsw.gov.au/services/CAP](http://www.nslhd.health.nsw.gov.au/services/CAP)

## Vacation Care – Warringah Council

Our school holiday program for the Winter 2015 holidays is now available for download from Council's website and bookings for this holiday period are open from next Monday morning (1<sup>st</sup> June 2015).

The brochure and interactive Booking Request Form are available on our webpage:

<http://www.warringah.nsw.gov.au/live/community-support-services/family-and-child-care/vacation-care>



Some of the excursions programmed for these Winter holidays include:

- Flip Out
- Maritime Museum
- Big Blast
- Marian Street Theatre
- Sydney Observatory
- Putt Putt Golf
- Featherdale Wildlife Park
- Berry Island
- Movies
- Disney on Ice

Printed copies of our brochure will be in the office later this term, and will also be available from Warringah Council Civic Centre, Council Libraries and Community Centres.

Should you require any further information please feel free to contact our office on 9942 2312.

Many thanks

**NICKY HAYNES**

**VACATION CARE SUPPORT OFFICER**

Warringah Council – Childrens Services

T 02 9942 2111 D 02 9942 2312

[nicky.haynes@warringah.nsw.gov.au](mailto:nicky.haynes@warringah.nsw.gov.au)

[WARRINGAH.NSW.GOV.AU](http://WARRINGAH.NSW.GOV.AU)

## Kamaroi OOSH – Holiday Care Program

220 Forest Way, Belrose, NSW 2085

[www.kamaroiioosh.com.au](http://www.kamaroiioosh.com.au)

Tuesday 30<sup>th</sup> June till Thursday 9<sup>th</sup> July 2015

Monday 29 <sup>th</sup> June	Tue 30 <sup>th</sup> June	Wed 1 <sup>st</sup> July	Thurs 2 <sup>nd</sup> July	Fri 3 <sup>rd</sup> July
TBA Please register your interest for this day by email	<p><b>Maritime Museum</b></p> <p>Travel by bus to the museum. Discover ancient ships, Antarctic animal 'snowdome' and more. Then explore the Adventure playground!</p>  <p><b>\$ 15 extra charge</b></p>	<p><b>Science Day</b></p> <p>Perform your own experiments and watch the results! Grow crystals, make a magnet, electrical gadgets, pop, bang and more!</p> 	<p><b>Pasta &amp; Wheels day</b></p> <p>Bring your wheels, rip sticks, skate boards, scooters and join us in our wheeltastic day. Enjoy Pasta feast!* (Gluten free available)</p>  <p><b>Must bring helmets</b></p>	TBA Please register your interest for this day by email
Mon 6 <sup>th</sup> July	Tue 7 <sup>th</sup> July	Wed 8 <sup>th</sup> July	Thurs 9 <sup>th</sup> July	Fri 10 July
TBA Please register your interest for this day by email	<p><b>Magnificent Craft Day</b></p>  <p>Painting, felting, collage and more. Work with a multitude of media for a day of creativity and fun! (Bring photos to use in collage if you wish)</p> <p><b>\$5 extra charge</b></p>	<p><b>Fun of the Fair</b></p> <p>Come and enjoy all the fun of the Fair! Archery tournament, coconut shy, fairground games, fluffy chocolate dip!</p>  <p><b>\$5 extra charge</b></p>	<p><b>Mosaic &amp; Clay Day</b></p> <p>Learn how to design and create your own mosaic masterpiece. Clay masks and modeling.</p>  <p><b>\$10 extra charge</b></p>	TBA Please register your interest for this day by email

Friends: – PLEASE DO invite your friends from other schools. All are welcome!! Cost: from \$65 /day Hours: 8:30am to 5.30pm

More Details & Bookings at: [www.kamaroiioosh.com.au](http://www.kamaroiioosh.com.au) Email Forms to: [kamaroiioosh@hotmail.com](mailto:kamaroiioosh@hotmail.com) Kamaroi VAC Flyer June July 15

## Kamaroi OOSH Care Jun-Jul 2015 Holiday Care Booking Form

[www.kamaroi0osh.com.au](http://www.kamaroi0osh.com.au)      [kamaroiOOSH@hotmail.com](mailto:kamaroiOOSH@hotmail.com)

**Step 1:** If you are NOT already enrolled at Kamaroi OOSH please do so at <https://kamaroi-oosh2.hubworks.com.au/>  
You will be sent a login to Hubworks and you will need to complete your full details online.  
Please be sure to enter your CRN details if you wish to claim rebates.

If you have previously enrolled with us please DO NOT enrol again. Just complete steps 2 to 4.

**Step 2:** Please complete the booking form below

**Step 3:** Please make payment in advance by Netbank Transfer to secure your child's booking

*(Refund will only be made if NO space available)*

(Laivoi Pty Ltd BSB: 062 110      A/C: 1024 8093 (Use child's name as ref))

**Step 4:** Email this booking form to [kamaroiOOSH@hotmail.com](mailto:kamaroiOOSH@hotmail.com)

*(If you are unable to email the form, please email us your booking dates giving your child's FULL Name and your contact number. Then bring this form with you on the first day of care.)*

Please Write CLEARLY

Family Name: \_\_\_\_\_ Email: \_\_\_\_\_

Child Name	DOB	School	Class/Year	Sex
1.				
2.				
3.				

Parent Name	Mobile	Email / Other Contact Details
1.		
2.		

Days to Attend Care (circle)

Mon 29 <sup>th</sup> June	Tue 30 <sup>th</sup> June	Wed 1 <sup>st</sup> July	Thur 2 <sup>nd</sup> July	Fri 3 <sup>rd</sup> July
TBA Please email interest	\$65 Plus \$15 activity fee	\$65	\$65	TBA Please email interest
Mon 6 <sup>th</sup> July	Tue 7 <sup>th</sup> July	Wed 8 <sup>th</sup> July	Thur 9 <sup>th</sup> July	Fri 10 <sup>th</sup> July
TBA Please email interest	\$65 Plus \$5 activity fee	\$65 Plus \$5 activity fee	\$65 Plus \$10 activity fee	TBA Please email interest

Please book and pay by 19<sup>th</sup> June TOTAL \$\_\_\_\_\_ **NON REFUNDABLE** payment required to secure booking

Payments by Netbank Transfer ONLY to: Laivoi Pty Ltd BSB: 062 110      A/C: 1024 8093 (Use child's FULL name as ref)

Special Requirements / Allergies ..... Separate details attached Y/N

Permissions/ Authorisations

- I give permission for my child/ren to be taken on public or hired transport for excursions.      Yes / No
- I give permission for my child/ren to be taken on local walks / bushwalks      Yes / No
- I give permission for my child/ren to be photographed for promotional purposes      Yes / No

Further Details: \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Children need to bring Hat, water bottle, morning tea, lunch, and afternoon tea - NO NUTS please!! Wear enclosed shoes.