

Kinma Newsletter T1 Week 2, Friday 5th February, 2016

Welcome to 2016

What a delight to see all the children and families bouncing around as they came in on our first day.

The atmosphere is warm, friendly with a little hint of excitement.

Looking forward to an engaging and fruitful term.

Regards

Kinma Board and staff

| WHAT'S ON | |
|-------------|--------------------------------|
| 28.01.16 | Term 1 starts |
| 09.02.16 | Swimming starts |
| 10.02.16 | Pre-school parent meeting |
| 13.02.16 | Bush Regeneration |
| 18.02.16 | Pre-school morning tea |
| 22.02.16 | Learning Forum |
| 24.02.16 | Tinkering |
| 25.02.16 | Pre-school dog safety |
| 05.03.16 | Kinma Community Day |
| 09.03.16 | Open Morning |
| 11.03.16 | Primary excursion to the MCA |
| 12.03.16 | Bush Regeneration |
| 18.03.16 | Tinkering |
| 20.03.16 | Kinma Care Day |
| 22.03.16 | Preschool alumni afternoon tea |
| 24.03.16 | Poetry Festival |
| 25.03.16 | Good Friday – Public Holiday |
| 28.03.16 | Easter Monday - Public Holiday |
| 29.03.16 | AGM |
| 04-06.04.16 | YURT FARM |
| 08.04.16 | Term 1 ends |
| 27.04.16 | Term 2 starts |
| 01.07.16 | Term 2 ends |
| 27.07.16 | Term 3 starts |
| 23.09.16 | Term 3 ends |
| 11.10.16 | Term 4 starts |
| 16.12.16 | Term 4 ends |





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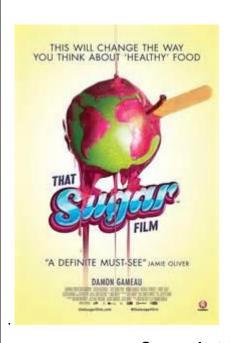
Education Co-ordinator

LEARNING FORUM

Monday 22nd February 7-9 pm

SUGAR

THAT SUGAR FILM is one man's journey to discover the bitter truth about sugar. Damon Gameau embarks on a unique experiment to document the effects of a high sugar diet on a healthy body, consuming only foods that are commonly perceived as 'healthy'. Through this entertaining and informative journey, Damon highlights some of the issues that plague the sugar industry, and where sugar lurks on supermarket shelves. THAT SUGAR FILM will forever change the way you think about 'healthy' food.



Join us Come watch the film everyone's been talking about

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Join us Participate in our deconstruction of the film

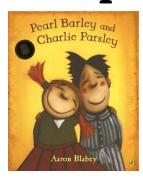
Join us Share your thoughts and questions

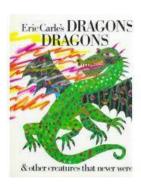
Come chat to juli g with any queries. Hope to see you there!

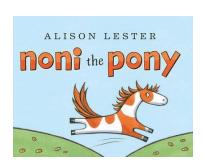


Group 1

Overview, Term 1 2016









Welcome to the New Year One and All!

We hope you had a peaceful break and that you're all ready for the journey ahead! This week we look forward to welcoming our newest members of Group 1; Aisha, Rafferty, William, Jonah, Harry, Joe, Fenn, George and their families. Be sure to say hi and introduce yourself to any new faces. Welcome back to our 'oldies' too and of course our wonderful Andy will be making his return to class after finally getting rid of that hungry fungus! Andy's return will be staggered to begin with so supporting Grace and Andy during this time will be (old hands now!) Anne-Maree and Aimelyn. We will let you know who is in class when!

To open our year and to find our feet within our new group, we will be spending our time getting to know each other; who we are, how we are similar, how we are different, our likes, interests, worries, friends, dreams... learning to share our space in a way in which everyone feels safe and valued. We will start with ourselves and 'zoom out' to think about others, our group, our school, our community. This is where our older group 1 children will take on the role of teacher, as they share their knowledge and mentor our new classmates. This will happen through many inspiring authors (snippets above) that will serve as stepping stones into many different literacy activities. This will start with basic story, rhymes and songs and develop into some fun and rich poetry!

That being said, we have already started focusing on movement and noise! We are going to be learning hand clapping rhymes, skipping and ball bouncing, action rhymes and singing games. This will be tied in with our 'Brain Gym'; a daily (or more) time in which specific movements are used to increase flexibility and coordination. Research shows that it also promotes the efficient communication amongst many nerve cells & functional centres located throughout the brain's sensory motor system. Inspiration has been found in a Pie Corbett collection called 'The playtime treasury'. Please come in and share any you know!

Last term, Anne-Maree gave our group the kind gift of Eric Carle's collection of poems called 'Dragons Dragons and Other Creatures that never were' and a dragon puppet. This ties in beautifully with our rhyming games and will lead in the direction of our infamous Poetry Festival. Please note the date: Thursday 24th March.

Expect a visit from the puppet in the coming weeks (it/he/she will come with guidance!).

In line with this theme, we will be continuing our 'open space' times where we encourage the children to find and enjoy their own space. Providing opportunities for the group to sit together in silence, to ground themselves before exploring experiences individually and with others helps each child discover what their passions are, where their interests may take them, and to give them time to sit and breathe. To be comfortable in their own skin. The children may choose to paint, build, knit, read, draw, mix or simply watch! During these times, we emphasise language around choice and their decision making.



Literacy:

Assorted literacy based activities will be offered. Each teacher will have children 'on their radar' with explicit learning intentions in mind. For example, Grace will use the whole group experience to draw out phonemic awareness with those who require it whilst Andy may be looking at sentence structure with others and Aimelyn at letter formation. Teachers will work with individuals and small groups on skills such as letter formation, phonemic awareness, reading, spelling, grammar and all areas of writing. These sessions are planned for groups according to the specific needs of the children and where they are in their journeys.

This term, there will be an emphasis on poetry. We will play with rhyming words and use these to build word families and will play with alliteration, creating tongue twisters (the children will be practising a new phonic or blend but won't even know it!)

Maths:

The children will have 'toolbox' sessions in which there will be a series of stations for them to visit. These will be hands on, play based and primarily number based experiences. Each adult will be based at one of these stations, and will pull children to them for short sharp blasts of number play.

Likewise, we will have whole group maths times. These will be open ended activities in which the children can apply their maths skills in a 'hands on' way.

We will also throw some 'thinkboards' into the mix where the children work in pairs (teacher guided) on open ended/finding all possibility problem solving skills. Thinkboards have tactile, auditory and visual elements so appeal to every type of learner.

In other news...

Join us for Book boxes Mondays, Wednesday and Fridays if you can! During this time, we invite you to enjoy a book with your child or a collection of children! Should one of us ask your child for a quick read, please feel free to enjoy those minutes with another child. We will, as a group, visit the library to collect 3 or 4 books for our book box. We encourage the children to choose: 1 book that they can attempt to read alone, 1 book that is a bit of a challenge and 2 books that simply grab their fancy! (A mixture of fiction and information books too). When your child is ready to exchange these, please feel free to take a trip to the library. We will also aim to do this with them but please do 'as and when'. We ask that you encourage and support your child to replace any books not chosen, from where they came. We do not have a formal librarian so all share responsibility. Should you wish to borrow a book for home use, see Andy or Grace as they record details of the book so that we can follow up if required.

Swimming continues this term so we will be heading to the pool soon after lunch on Tuesdays (beginning week 3 and finishing week 8). We ask that the children bring a small separate bag for their gear; one that can fit on their back comfortably for the walk, preferably one that has wide straps (the string bags rub after a little while). Also, we ask for the children to wear a top that covers their shoulders and that they have a hat and shoes in school please.

Gentle reminder then;

Goggles, towel, swim suit, little swim bag, shoulder covering top, hat, shoes and of course water bottle. AND ALL CHILDREN ARE COLLECTED AT 3PM AT THE SWIM CENTRE - MYOORA RD



Just before we sign off, we have a HUGE favour to ask; we ask that everyone attempt prompt arrivals to school! Those who were in group one last year, this is a reminder and for our newbies, a habit we will support you to get into from the start of your Primary time at Kinma. We know it may be misleading that we don't gather the children to the carpet until ten past 9 and that we let the children mill until then. However, these ten minutes allow us time to connect with each other, offer a relaxing start and set up a positive mood for the day. We find that we are gathering together later and later because of the low number of children who are present and settled by that time. Having to postpone our start every day eats into time elsewhere and means that children are missing out on the overview of the day and the start of storytime. We also notice that the children find it harder to come in and join us when they have missed out on this time.

Many thanks!

PS- With our fierce summer sun, please ensure that your child has a hat in school everyday.



Group 2 overview - Term 1, 2016

Dear Group 2 families, those returning and those joining us for the first time!

Here is an outline of dates and the Group 2 class program for Term 1, 2016. We are looking forward to catching up with you all over the next few weeks and a big year of lively learning!

Bea and Tristan

Coming up in Term 1

From as early as our first transition session last term the new Group 2 cohort was very eager to talk about the Term 1 theme! The dominant things that just kept popping up were - studying newly discovered/microscopic/ underwater animals and mythical creatures; lots of science and maths please!; cooking; learning to do neater writing or running writing; and to go on an excursion SOMEWHERE.

With that in mind we have organised a Toolbox term to kick off the year with a real/mythical creatures backdrop! Weeks 1-3 of term will be devoted to small group activities to bring together our new cohort through cooking, calendar making (focusing on the Maths and Literacy aspects of these) and the creation of a mural of real and mythical creatures. In the middle of the term we will spend good chunks of our days in small group sessions. In Maths, children will explore Division and Multiplication with Tristan and Subtraction and Addition with Bea. We will both be using hands-on and mental strategies, moving towards more formal recording of operations for the older children. In English, children will do an in-depth study in either mythical creatures or real animals.

Our real/mythical creatures studies will also feed into our scientific investigations. Some of the questions already generated include: What is coral made out of? (Emily) Are sharks a type of fish? (Freddy) When do we say something is extinct? (Tristan) What makes volcanoes? (Tiahna) Are there volcanoes in Antarctica? (Bodhi) Is the mural of the ocean to scale? (Ivy)

Jam and Bread is our daily silent reading time. For those parents joining us from Group 1, this is similar to book boxes, however children are expected to read on their own or with a teacher or play a word game independently. Children will spend 2-3 of their 5 J&B sessions per week in a small reading group with either Bea or Tristan. These small Reading groups will start once we have read individually with each student to see how their reading may have developed over the holidays.

A note on small groups

Some of these will be determined by interest and some by learning needs. They will vary throughout the term.

In Maths, children will each spend 3 weeks with each of the teachers on toolbox Maths sessions, swapping half way through the term.

In English, as mentioned, there was an overwhelming request in Term 4 transition to study animals - real or mythical. Children will nominate a preferred study group for these activities. In Jam and Bread, teachers will select children for small reading groups.

Dates

Parent/Teacher interviews - ongoing from Week 3, see noticeboard outside Group 2 to sign up.

Swimming - Tuesday afternoons from 9th of February to 15th of March - please send swimming gear to school and collect from Terrey Hills Swim School at 3pm.

Yurt Farm - 4th, 5th and 6th of April

Tinkering Days - 10th February, 18th March

Class excursion - 11th March to Museum of Contemporary Art

Poetry Festival - 24th March

Violin Starts Week 3 - Old timers will have a longer single lesson each week. New students will have two shorter lessons each week.



Group 3 - overview

This term, the group 3 space will be transformed into a Design studio. Each 'designer' in Group 3 will receive a design pack in preparation for a term of creative and dynamic design exploration!

At the beginning of the term, Group 3 will be discovering the fundamental principles of design through fashion, architecture and pattern.

Part of this exploration will involve Group 3 designing and constructing a vest. They will be measuring their bodies and making a vest pattern. Through this body of work students will also be scientifically investigating the composition of different fibres and their properties. They will also be looking at the manufacturing processes involved in turning these fibres into usable fabrics and then analysing the viability and sustainability of these products. Students will also be engaged scientifically in the exploration of the ingredients and processes involved in naturally dyeing and designing fabric.

Our theme lends itself to the exploration of informational texts and we will use these to think critically about information and ideas that the author is conveying. How have they used diagrams, figures, tables and maps to contribute to our understanding? We will locate information and draw inferences to consolidate our learning.

We will extend and draw on our knowledge of sentence structure, grammar, punctuation and vocabulary to compose clear and cohesive texts. We will discuss appropriate strategies to accurately spell familiar and unfamiliar words, through etymology and understanding both rules and exceptions. We will build a bank of theme related vocabulary and present this in 'word art' to display, whilst becoming familiar with a dictionary and selecting the definition that best suits our context. We will analyse and evaluate the way inference is used in a text to build understanding particularly in the genre of persuasive texts.

Mathematics will take place within the context of Design. Shape, mathematical patterns, symmetry, tessellation, measurement and number are all important components of design.

This is such an exciting theme and we can't wait to see where group 3 direct their learning this term.....watch this space!

Swimming on Tuesday's, pick up from the pool. Your children need to bring swimmers, cap, goggles, shoes and a hat.

French is still on Fridays at 10am. Violin will take place for some of the group 3 children on Thursdays.

Dates for the diary

The Yurt farm has been scheduled this year on the 4th to 6th of March. The group 3 Canberra trip will be on the 23rd, 24th, 25th of May.





Snack attack is now a flat \$5 regardless of what bits your child is having, and we are no longer serving juice. Parents making Snack Attack - please put out water for the kids to drink.

Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 64 children in the Primary and 28 in Preschool, approx. 10 adults on Wednesdays.

We have 17 gluten-free, 10 dairy-free children, and 3 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 1 Snack Attack.

SNACK ATTACK TERM 1, 2016

Nic & Liz

Feb 10

CALLING FOR HELPERS

| Feb 17 | Rachel P and Alix G |
|---------|-----------------------------|
| Feb 24 | Lisa G, Sam F & Sona |
| Mar 2 | Amanda RB & Akualera |
| Mar 9 | |
| Mar 16 | |
| Mar 23 | |
| Mar 30 | Preschool |
| April 6 | Yurt Farm – no Snack Attack |

Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.

All expenses for ingredients are reimbursable.

If you have any questions or want to contribute please email me at hayleyjl@tpg.com.au or call 0435 145 486.

Thanks,

Hayley Lewis (Turiee's mum)



2016 Kinma calendar

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | WK |
|-----|--------------------|----------------------|--------------------|---------------------|-----------------------|---------------------|----------------------------|----------|
| | 28 | 29 | 30 | 31 | 1 New Year's Day | 2 | 3 | |
| JAN | 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| | 11 | 12 | 13 | 14 | 15 | 16 | 17 | |
| | 18 | 19 | 20 | 21 | 22 | 23 | 24 | |
| | 25 staff | 26 Australia Day | 27 staff | 28 | 29 | 30 | 31 | 1 |
| | 1 | 2 gp2 parent mt | 3 | 4 | 5 | 6 | 7 | 2 |
| | 8 | 9 wk1swim* | 10 Pre. parent mt. | 11 | 12 | 13 bush regen | 14 | 3 |
| FEB | 15 | 16 * | 17 | 18 Pre. Mng tea | 19 | 20 | 21 | 4 |
| | 22 learning forum | 23 * | 24 tinkering | 25 Pre. dog safety. | 26 | 27 | 28 | 5 |
| | 29 Curambena staff | 1 * | 2 | 3 | 4 | 5 community day | 6 | 6 |
| MAR | 7 | 8 * | 9 open mng. | 10 | 11 pri. excursion MCA | 12 bush regen | 13 | 7 |
| | 14 | 15 wk6swim* | 16 | 17 | 18 tinkering | 19 | 20 care day | 8 |
| | 21 | 22 pre alumni gather | 23 | 24 Poetry festival | 25 Good Friday | 26 | 27 Easter Sunday | 9 |
| | 28 Easter Monday | 29 AGM | 30 | 31 | 1 | 2 | 3 | 10 |
| | 4 Yurt farm | 5 Yurt farm | 6 Yurt farm | 7 | 8 | 9 bush regen | 10 | 11 |
| APR | 11 staff | 12 staff | 13 | 14 | 15 | 16 | 17 | |
| | 18 | 19 | 20 | 21 | 22 | 23 | 24 | |
| | 25 Anzac Day | 26 staff | 27 staff | 28 | 29 | 30 | 1 | 1 |
| | 2 | 3 wk1 yoga * | 4 | 5 | 6 basketball* | 7 | 8 | 2 |
| | 9 | 10 * | 11 | 12 | 13 * | 14 bush regen | 15 | 3 |
| MAY | 16 | 17 tinkering * | 18 | 19 | 20 * | 21 | 22 | 4 |
| | 23 gp3 Canberra | 24 gp3 Canberra | 25 gp3Canberrra | 26 | 27 * | 28 care day | 29 | 5 |
| | 30 tigramuna 1.30 | 31 learnin for. * | 1 | 2 open mng. | 3 Pre.mng. tea | 4 | 5 | 6 |
| | 6 | 7 * | 8 | 9 | 10 * | 11 bush regen | 12 | 7 |
| | 13 Queen's bday | 14 | 15 | 16 tinkering | 17 * | 18 | 19 | 8 |
| JUN | 20 friendship day | 21 wk8 yoga * | 22 | 23 | 24 basketball* | 25 | 26 School on Sunday | 9 |
| | 27 | 28 | 29 | 30 | 1 | 2 | 3 | 10 |
| | 4 | 5 | 6 | 7 | 8 | 9 bush regen | 10 | |
| | 11 | 12 | 13 | 14 | 15 | 16 | 17 | |
| JUL | 18 | 19 | 20 | 21 | 22 | 23 | 24 | |
| | 25 staff | 26 staff | 27 | 28 | 29 | 30 | 31 | 1 |
| | 1 | 2 wk1 yoga* | 3 | 4 open mng. | 5 basketball* | 6 | 7 | 2 |
| | 8 | 9 * | 10 | 11 | 12 * | 13 bush regen | 14 | 3 |
| AUG | 15 | 16 * | 17 Pre.parent mt. | 18 | 19 * | 20 | 21 | 4 |
| | 22 | 23 Pre. Mng tea | 24 taikoz 9.30 | 25 | 26 * | 27 | 28 care day | 5 |
| | 29 | 30 * | 31 tinkering | 1 | 2 * | 3 | 4 | 6 |
| | 5 | 6 * | 7 | 8 prog. lunch | 9 * | 10 | 11 | 7 |
| CED | 12 | 13 * | 14 | 15 | 16 * | 17 | 18 | 8 |
| SEP | 19 | 20 wk8 yoga * | 21 | 22 | 23 basketball* | 24 | 25 | 9 |
| | 26 staff | 27 staff | 28 | 29 | 30 | 1 | 2 | |
| | 3 Labour day | 4 | 5 | 6 | 7 | 8 bush regen | 9 | |
| | 10 staff | 11 staff | 12 | 13 | 14 | 15 | 16 | 1 |
| ОСТ | 17 open mng. | 18 | 19 | 20 | 21 | 22 | 23 | 2 |
| | 24 | 25 | 26 Sculpture Sea | 27 | 28 | 29 | 30 | 3 |
| | 31 | 1 | 2 | 3 tinkering | 4 | 5 | 6 | 4 |
| | 7 | 8 | 9 kid concert | 10 | 11 | 12 bush regen | 13 | 5 |
| NO: | 14 | 15 | 16 Pre. Mng tea | 17 | 18 | 19 care day | 20 care day | 6 |
| NOV | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 7 |
| | 28 | 29 | 30 | 1 | 2 | 3 gratitude celeb | 4 | 8 |
| DEC | 5 | 6 kid's mkt. | 7 | 8 | 9 | 10 bush regen | 11 | 9 |
| | 12 | 13 | 14 | 15 | 16 farewell | 17 | 18 | 10 |
| | 19 staff | 20 staff | 21 | 22 | 23 | 24 | 25 Christmas | <u> </u> |
| | | | 28 | 29 | 30 | 31 | 1 | _ |

Board meetings 3rd Tuesday and Education Committee 4th Tuesday of the month - Pre + Primary staff meeting Tuesday 3-5pm



Extras

YOGA CLASS AT KINMA (for parents ©)

Are you interested in joining a Yoga Class but can't get to a venue due to school runs or having younger children in tow?? Why not join us for a 9.30am friday session in the Kinma school hall - younger children can play in the hall with a few playgroup toys. We need a minimum of 6 people to make this go ahead. Register your interest for a free trial class (details below)

The regular practise of yoga can help you regain strength you thought you had lost when you had your children, the flexibility you need to get on and off the floor 100 times a day to pick up their toys, and help you focus while 2 or more voices are calling your name.....and of course create more peacefulness in day to day life

YOGA CLASSES FOR 2016 AT KINMA

WHAT: A 6 week course in Ashtanga Yoga commencing February 2016.

All levels, beginners welcome. WHERE: Kinma School Hall WHEN: Fridays 0930-1030.

First class Friday 12th February - FREE TRIAL

Each Friday thereafter commencing Fri 19th

and concluding April 1st (no class Fri 25th March – Good Friday).

COST:\$90 per student for 6 weeks - can register after trial class.

BYO: Comfortable clothes and Yoga mat, however, some mats available for hire via prior arrangement.

WHY: The regular practise of yoga can help you develop strength, flexibility and a calm mind. The sequence of postures practised in Ashtanga yoga creates heat and detoxification in the body resulting in lightness and steadiness of both body and mind.

WHO: Valli Simpson - Yoga instructor

As the saying goes – if you can breathe, you can do yoga.

In order to help this class happen, we need a minimum of 6 students to sign up. Could you please email Valli directly on valli@ekamyoga.com.au to register your interest in attending if you think it may be of benefit for you? It's a fantastic opportunity to do something for ourselves without having to move venues, and for those with younger kids, they can play in the back of the school hall under your supervision.

For more information please contact Valli Simpson on 0417 400 612 or valli@ekamyoga.com.au to register your interest.







A problem shared is a problem halved

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children or teenagers with ADHD, via regular meetings. The group aims to provide a safe and supportive environment to discuss and learn more about ADHD in order to best help parents and kids.

SPEAKER EVENING: FRANCES ADLAM – The Bridge "Ready, Steady, Pause ..."

Frances Adlam has degrees in education, counselling and special needs. She has lectured in multiple intelligences and been an advisor for the Ministry of Education NZ.

She now works supporting children with learning and behavior challenges.

At The Bridge she focuses on helping all children learn by bridging the gap between a child's current learning ability and their highest learning capability, through the provision of support, advice and resources to families and teachers. She is an experienced educator who believes that all learning issues can be addressed effectively, once properly identified. These may include learning issues in the areas of writing, reading, maths, concentration and behavior.

Frances will be sharing the new, gentle way she has been coaching children with ADHD to improve emotional control, resilience, grit, bouncing back and making friends.

Frances will be sharing great success stories and ideas that can be easily implemented at home and school.

Tuesday 9th February 2016 @ 7.00-9.00pm The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale

> Ticket reservations essential via http://www.eventbrite.com.au/org/4222746751





Facebook: https://www.facebook.com/BeachesADHDSupport
Facebook Forum: https://www.facebook.com/groups/BeachesADHDSupportGroup/
Email: nbadhdsupportgroup@hotmail.com
Website: www.northernbeachesadhdsupportgroup.com.au
We sell the Entertainment Book online via our website



Your guide to ADHD information, services & resources in the Northern Sydney region. www.adhdguide.com.au







Wednesday, 6 January 2016

Kinma School PO BOX 147 TERRY HILLS NSW 2084

To the Staff and Students of Kinma School,

On behalf of The Burdekin Association I would like to take this opportunity to thank you for your extremely generous donation. The hamper food that you provided to us was very generous and we have distributed the food out to very thankful clients. I am always enormously grateful for any support of our organisation. Your donation is much appreciated; not only by the young people and families we assist, but also the management, members and staff.

Yours sincerely

Karen Berman Executive Officer

The Burdekin Association